



NUTRITION INFORMATION

ORIGINAL GLAZED SHAKE - REGULAR

Serving Size: 580g Avg

Average Quantities	Per Serving	Per 100g
Energy	4540kJ	783kJ
	1080Cal	187Cal
Protein	21.2g	3.7g
Fat - Total	52.7g	9.1g
- Saturated	29.5g	5.1g
Carbohydrates	131g	22.6g
- Sugars	113g	19.5g
Sodium	423mg	73mg

Ingredients:

Vanilla Ice-Cream (54%) (Water, Sugar, Skim **Milk** Powder, **Butter**, Invert Sugar, Vanilla Flavour, Stabilisers (471, 433, 412, 401, 407)), Whole **Milk** (27%), Original Glazed Doughnut (9%) (Doughnut (Wheat Flour, Vegetable Shortenings, Water, Sugar, Yeast, Emulsifier (471-**Soy**), Salt, **Wheat Gluten**, Acidity Regulator (341), Yeast Doughnut Concentrate ((Mineral Salts (516, 517), Salt, Flavour, Food Acids (300, 341 (ii), 341 (iii), 342 (iii))), Stabiliser (1100)), Preservative (263), **Milk** Solids, Thickener (466), **Egg** Yolk Powder), Glaze (Sugar, Water, **Wheat** Starch, Stabiliser (Mineral Salt (170), Thickeners (406), Emulsifiers (471, 491)), Flavours, Salt), Vanilla Whipped Cream (**Cream**, Skim **Milk**, **Milk** Solids, Gelatin, Stabilizer (407a), Emulsifier (471), Enzyme (Lactose), Sugar, Water, Food Acid (330), Vegetable Gum (466), Preservatives (202, 223), Vanilla Flavour, Colour (150 (D))), Vanilla Flavoured Syrup (Sugar, Water, Food Acid (330), Vegetable Gum (466), Preservatives (202, **223**), Flavour, Colour (150 (D))). **CONTAINS: Wheat, Milk, Egg, Soybean and Sulphites. MAY CONTAIN: Peanuts, Tree Nuts and Sesame.**

HOKEY POKEY SHAKE - REGULAR

Serving Size: 590g Avg

Average Quantities	Per Serving	Per 100g
Energy	5000kJ	847kJ
	1190Cal	202Cal
Protein	22.6g	3.8g
Fat - Total	56.4g	9.6g
- Saturated	38.2g	6.5g
Carbohydrates	151g	25.6g
- Sugars	139g	23.5g
Sodium	466mg	79mg

Ingredients:

Vanilla Ice-Cream (54%) (Water, Sugar, Skim **Milk** Powder, **Butter**, Invert Sugar, Vanilla Flavour, Stabilisers (471, 433, 412, 401, 407)), Whole **Milk**(27%), Choc Honeycomb (13%) (Compound Chocolate (65%) (Sugar, Confectionery Fat, **Milk** Solids, Cocoa, **Soya** Lecithin, Flavour), Honeycomb 35% (Sugar, Glucose, Sodium Bicarbonate, Water, Gelatine, Salt, Tapioca Starch)), Vanilla Whipping Cream (**Cream**, Skim **Milk**, **Milk** Solids, Gelatin, Stabilizer (407a), Emulsifier (471), Enzyme (Lactose), Sugar, Water, Food Acid (330), Vegetable Gum (466), Preservatives (202, **223**), Vanilla Flavour, Colour (150 (D))), Chocolate Sundae Cup Drizzle(3%) (Sugar, Vegetable Fat, **Milk** Solids, Cocoa, Maltodextrin, Vegetable Gum (401), Preservative (202), Flavour, Emulsifier (322)). **CONTAINS: Milk, Soybean and Sulphites. MAY CONTAIN: Peanuts, Tree Nuts, Wheat, Egg and Sesame.**

KOOKIES 'N' KREME SHAKE - REGULAR

Serving Size: 540g Avg

Average Quantities	Per Serving	Per 100g
Energy	4200kJ	777kJ
	1000Cal	186Cal
Protein	21.7g	4.0g
Fat - Total	48.9g	9.1g
- Saturated	28.4g	5.3g
Carbohydrates	117g	21.7g
- Sugars	94.6g	17.5g
Sodium	624mg	116mg

Ingredients:

Vanilla Ice-Cream (54%) (Water, Sugar, Skim **Milk** Powder, **Butter**, Invert Sugar, Vanilla Flavour, Stabilisers (471, 433, 412, 401, 407)), Whole **Milk** (28%), Vanilla Whipping Cream (**Cream**, Skim **Milk**, **Milk** Solids, Gelatin, Stabilizer (407a), Emulsifier (471), Enzyme (Lactose), Sugar, Water, Food Acid (330), Vegetable Gum (466), Preservatives (202, **223**), Vanilla Flavour, Colour (150 (D))), Choc Biscuit Crumb (7%) (**Wheat** Flour, Sugar, Vegetable Oil, Cocoa Powder (6%), Fructose Syrup, Salt, Corn Starch, Raising Agents (500, 503), Emulsifier (322- **Soy**), Flavour). **CONTAINS: Wheat, Milk, Soybean and Sulphites. MAY CONTAIN: Peanuts, Tree Nuts, Egg and Sesame.**

SALTED CARAMEL POPCORN SHAKE - REGULAR

Serving Size: 575g Avg

Average Quantities	Per Serving	Per 100g
Energy	4180kJ	726kJ
	998Cal	174Cal
Protein	21.5g	3.8g
Fat - Total	42.2g	7.3g
- Saturated	25.2g	4.4g
Carbohydrates	132g	23.0g
- Sugars	118g	20.5g
Sodium	671mg	117mg

Ingredients:

Vanilla Ice-Cream(52%) (Water, Sugar, Skim **Milk** Powder, **Butter**, Invert Sugar, Vanilla Flavour, Stabilisers (471, 433, 412, 401, 407)), **Milk** (31%), **Cream** (**Milk**, Sugar, Dextrose (From Maize), Propellant (Nitrous Oxide), Water, Emulsifiers (471), Vegetable Gum (Carrageenan), Natural Vanilla Flavour), Caramel Flavoured Popcorn(5.2%) (Sugar, Glucose Syrup (**Wheat**), Popcorn (20%), Vegetable Fats And Oils, **Peanuts** (5%), Salt, Emulsifier (**Soy** Lecithin), Sodium Bicarbonate, Colour (160b), Burnt Sugar), Salty Caramel Fudge Topping (Sugar, Water, Glucose Syrup, Invert Syrup, **Milk** Solid, Vegetable Fat, Salt, Thickener (1422, 401), Emulsifiers (471, 322), Mineral Salt (339, 500), Preservative (202)). **CONTAINS: Gluten Cereals (Wheat), Milk, Peanuts and Soy. MAY CONTAIN: Tree Nuts, Egg, Sesame, Sulphites and Lupin.**